

WEST LAKES TRIATHLON

START

Kids and Pinky

Enticer &
Draft Legal

Sprint

T

SPRINT
750m

ENTICER
300m

DRAFT LEGAL
300m

KIDS & PINKY
50m

SWIM

WEST LAKES TRIATHLON

**Kids and
Pinky
Mini Lap
Turn Around**

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**SPRINT
19.5km - 3 Laps**

**ENTICER
13km - 2 Laps**

**DRAFT LEGAL
6.5km - 1 Lap**

**KIDS & PINKY
1.5km - 1 Mini Lap**

CYCLE

ADELAIDE TRI SERIES

AUS TRIATHLON



**Kids
Turn Around**

SPRINT
5km - 2 Laps

ENTICER
2.5km - 1 Lap

DRAFT LEGAL
2.5km - 1 Lap

KIDS
400m - 1 Mini Lap

RUN